Atopic dermatitis

嘉義長庚風濕科 林科名醫師 2023/06/11

Introduction

- Atopic dermatitis (AD) is a chronically relapsing skin disease that occurs most commonly during early infancy and childhood.
- It is frequently associated with abnormalities in skin barrier function, allergen sensitization, and recurrent skin infections.
- There is **no** single distinguishing feature of AD or a diagnostic laboratory test.

AD is a common chronic inflammatory skin disease^{1–3}



Dermatitis^a accounts for the **largest skin disease** burden globally (Global burden of disease 2013 study)⁵

1. Bieber T. Ann Dermatol 2010;22:125–37; 2. Nutten S. Ann Nutr Metab 2015;66(Suppl. 1):8–16;
 3. Abuabara K, et al. Ann Intern Med 2019;170:354–6; 4. Avena-Woods C. Am J Manag Care 2017;23:S115–S23;
 5. Karimkhani C, et al. JAMA Dermatol 2017;153:406–12

 ^aIncluding atopic, seborrheic, and contact dermatitis AD, atopic dermatitis



THE OVERALL PREVALENCE OF AD IN TAIWAN IS 6.7%,

INVESTIGATIVE REPORT

Prevalence of Atopic Dermatitis, Allergic Rhinitis and Asthma in Taiwan: A National Study 2000 to 2007

- National Health Insurance Research Database (NHIRD) nationally representative cohort from 2000 to 2007: 997,729 enrolled
- Overall, 66,446 patients were diagnosed with atopic dermatitis with 6.7% prevalence (8 years)
- The 8-years prevalence of AD in children (age < 20 years) was 9.6%; in contrast, 4% of adults were still affected by this disease



Hwang CY, et al. Acta Derm Venereol 2010; 90: 589-594.

異位性皮膚炎病灶分佈

	常見位置	皮膚症狀
嬰兒時期	雙頰 前額 頭皮	紅疹、搔癢、 乾燥脱皮、 水泡
兒童時期	臉 部 頸 部 手 肘 窩 膝 窩 手 腳 關 節	皮
青年及成人	臉部 頸部 前胸 手肘窩 手腕 膝窩 足關節	皮 膚 增 厚、 膚 色 更 深、 皮 膚 苔 癬 化 嚴 重





文/皮膚科 賴柏如 主任



(以上四項中有三項·即符合)

異位性皮膚炎診斷標準

Hanifin and Rajka Diagnostic Criteria for Atopic Dermatitis, 1980



The pathogenesis of AD is complex, involving multiple pathways



KC, keratinocyte; LC, Langerhans cell; TEWL, transepidermal water loss; TSLP, thymic stromal lymphopoletin Clark JD, et al. J Med Chem 2014;57:5023–38; Gittler JK, et al. J Allergy Clin Immunol 2012;130:1344–54; Guttman-Yassky E, et al. Exp Dermatol 2018;27:409–17; Klonowska J, et al. Int J Mol Sci 2018;19:3086; Leung DY, et al. J Allergy Clin Immunol 2014;134:769–79; Virtanen A, et al. BioDrugs 2019;33:15–32; Winthrop KL. Nat Rev Rheumatol 2017;13:234–43

Immune pathway alterations over time in acute and chronic AD



ACUTE ECZEMA

SANOFI GENZYME 🎝

SATW.DUP.19.07.0258 08/2019

ACUTE ECZEMA

Disturbed epidermal barrier (loss of adhesion, epithelial apoptosis), impaired innate immunity

CHRONIC ECZEMA

Scarce immune infiltrate, acanthosis, autoimmune reactions, chronic infection



Th2 DOMINANCE







CD, cluster differentiation; IL, interleukin; IFN, interferon; Th, T-helper cell

REGENERON

Eyerich K, Novak N. Allergy 2013;68:974–82



CHRONIC

ECZEMA

Th1/17/22 DOMINANCE

ITCH IS THE MOST BURDENSOME SYMPTOM OF ATOPIC DERMATITIS¹



Itch intensity: 6.5/10 on numerical rating scale²

AD, atopic dermatitis; POEM, Patient-Oriented Eczema Measure

Silverberg JI, et al. Ann Allergy Asthma Immunol 2018;121:340–7;
 Simpson EL, et al. J Am Acad Dermatol 2016;74(3):491–8

THE SPANISH PSEDA STUDY SHOWED THAT THE BURDEN OF SLEEP DISTURBANCE INCREASES WITH DISEASE SEVERITY



A higher proportion of adults and children with moderate/ severe versus mild AD have difficulty falling asleep*

	Mild N=97	Moderate N=179	Severe N=46
Adults:	76.2%	88.1%	100.0%
Children:	60.8%	90.1%	87.5%
_			



A higher proportion of adults and children with moderate/ severe versus mild AD wake up due to itching*

	Mild N=97	Moderate N=179	Severe N=46
Adults:	54.8%	76.2%	92.6%
Children:	36.0%	76.8%	87.5%
-		*Disease severity was assessed	I using the investigator's glob

assessment, which is based on six categories, with scores ranging from 0 (no disease, no inflammatory signs of AD) to 5 (very severe disease, with intense erythema and papules/intense infiltration with crusting/exudation) AD, atopic dermatitis

Sánchez-Pérez J, et al. Actas Dermosifiliogr 2013;104(1):44-52

NUMBER OF MISSED DAYS AT WORK INCREASES WITH INCREASING AD SEVERITY

Impact of Atopic Dermatitis on Work and Activity Impairment in Taiwan

A total of 200 patients with AD were recruited. Of these, 70 had mild AD, 72 had moderate AD, and 58 had severe AD.



absenteeism (work time missed), presenteeism (impairment at work/reduced work-hour effectiveness), work productivity loss (overall work impairment from absenteeism plus presenteeism) Chan, Tom C., et al. "Impact of atopic dermatitis on work and activity impairment in Taiwan." Acta Dermato Venereologica 101.9 (2021): adv00556-adv00556.



Whiteley J, et al. Curr Med Res Opin 2016:1–7Simpson EL, et al. J Am Acad Dermatol 2016;74:491–8; Drucker AM, et al. J Invest Dermatol 2017;137:26–30 . Silverberg JI. F1000Research 2018;7(F1000 Faculty Rev):303

2022 EuroGuiDerm update

EuroGuiDerm 2022 Guidelines: Stepped-care Plan for Adults With **Atopic Eczema**



¹Licensed indication; ²refer to guideline text for restrictions.; ³off-label treatment. SAN

AZA=Azathioprine; Bari=Baricitinib; CyA=Ciclosporin; Dupi=Dupilumab; MTX=Methotrexate; TCI=Topical Calcineurin Inhibitors; TCS=Topical Corticosteroids; Tralo=Tralokinumab; Upa=Upadacitinib; UVA1 =Ultraviolet A1; NB-SATW.DL UVB=Narrow-band Ultraviolet B.

2022 EUROGUIDERM GUIDELINE ON ATOPIC DERMATITIS Candidates for systemic treatment

Candidates for systemic treatment may be *either* patients with a high composite score such as

- SCORAD above 50 (scale definition)
- Clinically failing to respond to an appropriately conducted topical therapy (functional definition)
- Unable to participate in normal daily life activities whilst following an adequate treatment regimen (social definition)







J Eur Acad Dermatol Venereol, 2018 Jun;32(6):850-878.

AD PATHOLOGY INVOLVES A DIVERSE NETWORK OF IMMUNE PATHWAYS^{1,2}



AD, atopic dermatitis; FLG, filaggrin; IgE, immunoglobulin E; IL, interleukin; Th, T helper; TSLP, thymic stromal lymphopoietin

Figure adapted from Furue M, et al. Allergol Int 2017;66:398–403: 1. Furue M, et al. Allergol Int 2017;66:398–403; 2. Bao L, et al. JAK-STAT 2013;2:e24137 3. Dupixent prescription information TWPI-2020Dec Mav-2020. USPI

MANY OF THE PRO-INFLAMMATORY CYTOKINES THAT DRIVE AD PATHOLOGY TRANSDUCE



THEIR SIGNAIS VIA THE IAK1 PATH MAV1,2

AD, atopic dermatitis; AMP, antimicrobial peptide; FLG, filaggrin; IgE, immunogfigurlandapted from Furue M, et al. Allergol Int 2017;66:398–403: 1. Furue M, et al. Allergol Int 2017;66:398–403: 1. Furue M, et al. Allergol Int 2017;66:398–403: 1. Furue M, et al. Allergol Int 2017;66:398–403: 2. Bao L. et al. JAK-STAT 2013:2:e24137



AD, atopic dermatitis; DLQI, Dermatology life Quality Index; QoL, quality of life.

1. Rehal B, et al. PLoS One. 2011;6:e17520; 2. Gooderham MJ, et al. J Cutan Med Surg. 2018;22(1_suppl):10S-16S; 3. Naegeli AN, et al. Int J Dermatol. 2015 Jun;54(6):715-722

This tool may contain scientific/medical information on unapproved products or product uses. This information is for educational purposes only. Please consult the applicable prescribing information for details on approved uses of products.

Systemic immunosuppressants

For patients with moderate to severe or refractory AD that substantially impacts their QoL and social activities

• Non-biologic systemic immunosuppressants include1:



* Cyclosporine (Neoral®) is the only reimbursed non-biologic immunosuppressant with TFDA approved AD indication

- Immunosuppressants are prescribed for moderate to severe AD in children and adults²
- Immunosuppressants help to stop the itch-scratch cycle of eczema; allow the skin to heal; and reduce the risk of skin infection²
- Current guidelines do not provide suggestions for the order of use of the different oral immunosuppressive drugs. Therefore, the prescribing mode will vary between countries and individual physicians, based on preferences, experiences, costs and the drug availability³

AD, atopic dermatitis

1. Chu CY et al. J Formos Med Assoc. 2021 Jan; 120(1 Pt 2):429-442; 2. National eczema association. Accessed on November 22, 2019; 3. Garritsen FM, et al. J Eur Acad Dermatol Venereol. 2018 Aug; 32(8):1336-1342;

Cyclosporine remain the standard of care in different autoimmune diseases over past 40 years



J Immunol. 2013 Dec 15;191(12):5785-91

Cyclosporine is an effective treatment that can significantly improve the disease severity and the extent of the disease for atopic dermatitis in adults A multicenter placebo-controlled study: cyclosporine in atopic dermatitis







In all studies analyzed, cyclosporine consistently decreased the severity of atopic eczema and the efficacy is similar in adults and children A systematic review and meta-analysis of controlled and uncontrolled trials



* negative change in severity indicates clinical improvement

In all studies analyzed, children might have better tolerability of cyclosporine than adult

Low-dose

High-dose

Children

Low-dose

High-dose

Children

Adult

Adult

A systematic review and meta-analysis of controlled and uncontrolled trials (continued)



As surrogate variables for drug safety, frequencies of typical adverse events of cyclosporine were abstracted from the 15 articles included Adverse events and withdraws due to adverse events were observed more frequently in adults than in children and were also more likely in patients treated with higher dosages (n/percent per month of cyclosporine treatment)



Efficacy and safety of long-term treatment with cyclosporin A for atopic dermatitis

2007 Retrospective study

Unmet needs

- Cyclosporin A (CsA) is being increasingly used in the treatment of severe refractory atopic dermatitis
- Clinical efficacy and safety of short-term CsA treatment in atopic dermatitis patients has been proven
- However, data on long-term treatment are limited

To investigate the efficacy and safety of long-term treatment (≥ 6 months) with CsA for atopic dermatitis





CsA long-term treatment results



Refractory to conventional therapy that was treated with CsA



 Average treatment duration time: 1.3 years



> No correlation between treatment duration and nephrotoxicity or hypertension was found

CsA has higher efficacy than MTX in adults with moderate-to-severe atopic dermatitis

A phase III randomized trial



The efficacy of cyclosporine was superior to methotrexate from week 4 to week 24



Administration Information of Neoral

For AD treatment the recommended dose range is 2.5 to 5 mg/kg/day given in 2 divided oral doses

- Oral 25 mg and 100 mg soft gelatin capsules:
 - A micro-emulsion form which reduces the variability of pharmacokinetic parameters and provides dose linearity of cyclosporin exposure
 - · Less influenced by concomitant food intake
- Daily doses
 - 2 divided doses are recommended
 - Swallow whole
 - Should be left in the blister pack until required for use



Atopic dermatitis

Sandimmun Neoral treatment should be initiated by physicians with experience in the diagnosis and treatment of atopic dermatitis. Due to the variability of this condition, treatment must be individualised. The recommended dose range is **2.5 to 5 mg/kg/day** given in 2 divided oral doses. If a starting dose of 2.5 mg/kg/day does not achieve a satisfactory response within 2 weeks, the daily dose may be rapidly increased to a maximum of 5 mg/kg. In very severe cases, rapid and adequate control of the disease is more likely to occur with a starting dose of 5 mg/kg/day. Once satisfactory response is achieved, the dose should be reduced gradually and, if possible, Sandimmun Neoral should be discontinued. Subsequent relapse may be managed with a further course of Sandimmun Neoral.

AD, atopic dermatitis

Sandimmun Neoral Prescribing Information, TWI-310720

Summary of the safety profile

In the various indications the overall spectrum of side effects is essentially the same

- The principal adverse reactions observed in clinical trials and associated with the administration of cyclosporine include renal dysfunction, tremor, hirsutism, hypertension, diarrhea, anorexia, nausea and vomiting.
- Many side effects associated with ciclosporin therapy are dose-dependent and responsive to dose reduction.

Patients with renal or hepatic impairment Reduce initial dose. Concentration monitoring is recommended.

Pediatric population

Clinical studies have included children from 1 year of age. In several studies, pediatric patients required and tolerated higher doses of cyclosporine per kg body weight than those used in adults.

Elderly population (age 65 years and above)

Dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range.

Sandimmun Neoral Prescribing Information, TWI-310720

Immunosuppressives and biologics during pregnancy and lactation

Cyclosporine A may be a relatively safer choice for pregnancy and lactation

	Substance	Pre-conception	Pregnancy	Lactation	EL	RG		Adalimumab		2	В
	Antimalarials				2	В		Certolizumab		2	В
	Apremilast				5	D		Etanercept		2	В
	Azathioprine /				2	В		Golimumab		4	С
/es	6-mercaptopurine							Infliximab		2	В
ssiv	Cyclophosphamide	3 months			2	C	s	Abatacept		4	D
bre	Cyclosporine A				2	В	ogi	Anakinra		4	D
dns	Leflunomide	24 months*			2	C	Biol	Belimumab		4	D
oun	Methotrexate	3 months			2	В		Rituximab		4	D
E	Mycophenolate	1.5 months			2	В		Secukinumab		5	D
-	Sulfasalazine				2	В		Tocilizumab		4	D
	Tacrolimus				2	В		Ustekinumab		4	D
	Tofacitinib	1.5 months*			4	С		Vedolizumab		4	С

A consensus report issued by the Austrian Societies of Gastroenterology and Hepatology and Rheumatology and Rehabilitation

green, substance may be applied; yellow, data is insufficient for substance recommendation; red, substance application is not recommended.

*Shown to be teratogenic in animal models, insufficient or unavailable data in humans

Wien Klin Wochenschr. 2019; 131(1): 29-44.

tion

表一 生物製劑與小分子標靶藥物的差別

	生物製劑	小分子標靶藥物
藥品名稱	杜避炎	鋭虎、喜繽果、愛滅炎
服用方式	皮下注射	口服
作用方式	抑制體內特定發炎介 白素 4 和 13	抑制體內多種發炎細胞激素
特性	熱不穩定需冷藏、 人工合成單株抗體、 有限度的毒性、 無法穿透細胞	室溫保存、 可藉由肝臟酵素代謝 和腎臟排除、 有潛在毒性
藥物半衰期	長(數天到數週)	短(6到12小時)
常見副作用	注射部位反應、 結膜炎、鼻咽炎	痤瘡、噁心、感染、頭痛等
肝腎功能	無影響	需依照肝腎功能調整劑量
藥物交互作用	無影響	有潛在藥物交互作用
定期抽血檢查	不需要	需要
安全性	有潛在過敏反應 immunogenicity	需定期監測血液數值,如全血球、 肝腎功能、病毒性肝炎(B肝、C肝)、 肺結核,需要做風險管理

18 長庚醫訊 44卷5期

Dermatol Ther (Heidelb) (2022) 12:1181-1196 https://doi.org/10.1007/s13555-022-00721-1

ORIGINAL RESEARCH

IGA 0/1 versus $\Delta NRS \ge 4$ absolute response rate

Comparative Efficacy of Targeted Systemic Therapies for Moderate to Severe Atopic Dermatitis without Topical Corticosteroids: Systematic Review and Network Meta-analysis

Network meta-analysis diagram



* Tralokinumab is not approved in Taiwan.

REGENERON

SANOFI GENZYME 🏹

SATW.DUP.19.07.0258 08/2019

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Check for sprindes

EASI-75 and EASI-90 absolute response rate estimates for moderate to severe atopic dermatitis

	Upadacitinib 30 mg						
	Abrocitinib 200 mg						
	Upadacitinib 15 mg						
	Dupilumab 300 mg						
FASI-75	Abrocitinib 100 mg						
LAGEIS	Baricitinib 4 mg						
	Baricitinib 2 mg						
	Tralokinumab 300 mg						
	Placebo						
	-						
	Upadacitinib 30 mg						
	Abrocitinib 200 mg						
	Upadacitinib 15 mg						
-V6-15V=	Dupilumab 300 mg		1				
-431-30	Abrocitinib 100 mg						
	Baricitinib 4 mg						
	Tralokinumab 300 mg						
	Baricitinib 2 mg						
	Placebo						
	10%	20%	200/	109/	5.0%/	e0º/	

Upadacitinib 30 mg daily, **upadacitinib 15 mg daily**, and **abrocitinib 200 mg daily** may be the most efficacious targeted systemic therapies over 12-16 weeks of therapy in AD.

* Tralokinumab is not approved in Taiwan.

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JAKis Offer an Alternative Mechanism of Action That May Address Unmet Needs in Patients

- JAKis represent an emerging oral treatment option in AD with a different mechanism of action compared to current SOC therapies^{1,2}
- Current approved JAKis³⁻⁷:



bDMARD: biologic disease-modifying antirheumatic drug; JAKi: Janus kinase inhibitor; RA: rheumatoid arthritis; SOC: standard of care; tsDMARD: targeted synthetic disease-modifying antirheumatic drug. Images reproduced with permission from (left to right): Wikimedia Commons (© 2014 PubChem; © 2016 jmorris0x0; © 2015 Boskoyevsky; © 2019 Edgar181). 1. Aletaha D, Smolen JS. JAMA. 2018;320:1360-1372. 2. Taylor PC, et al. Rheumatol (Oxford). 2019;58(Suppl 1):17-i26. 3. Serhal L, Edwards CJ. Expert Rev Immunol. 2019;15:13-25. 4. Markham A, Keam SJ. Drugs. 2019;79:887-891. 5. https://www.accessdata.fda.gov/drugsatfda_docs/appletter/2019/211675Orig1s000ltr.pdf

SIMPLE

JAKi		Baricitinib ¹	Abrocitinib ²	Upadacitinib ³
Recor dose	nmended	4 mg QD	200 mg QD	30 mg QD (XR)
Formu	ulation	Immediate-Release	Not mentioned in label	Extended-Release
Half	T _{max}	1h (0.5-3.0)	2h	2-4h
life	Elim. T _{1/2}	12.9h	5h	8-14h
Metho admin	od of listration	With or without food If unable to swallow whole table, alternate administration may be considered through oral dispersion, gastrostomy tube or nasogastric tube**	With or without food Should not be split, crushed, or chewed	With or without food Should not be split, crushed, or chewed

This table show the summary from TFDA label and is not meant for products direct

comparison. ***Pharmacokinetics: The pharmacokinetics in patients with COVID-19 who are intubated and have baricitinib administered via NG tube is similar to that in healthy subjects. The half-life of baricitinib in healthy subjects is approximately 10 hours.⁵

1. Baricitinib TFDA label 2. Abrocitinib TFDA label 3. Upadactinib TFDA label 4. Baricitinib FDA EUA factsheet

仿單

JAKi		Baricitinib ¹ (Olumiant [®])	Upadacitinib ² (Rinvoq [®] ER)	Abrocitinib ³ (Cibinqo®)	
Indication		RA, AD, COVID19	RA, AD, PsA, AS	AD	
Age		≥ 18 years	≥ 12 years	≥ 18 years	
Recommended	dose in AD	4 mg QD	15 mg or 30 mg QD	200 mg or 100 mg QD 對大多數病人建議起始劑量200 mg QD	
	T _{max}	1 h	2-4 h	1 h	
	Elim. T _{1/2}	12.9 h	8-14 h	5 h	
Administration		口服溶散 [、] NG tube	整粒吞服,不應剝半、攪碎或咀 嚼	整粒吞服,不得切割、壓碎或嚼碎	
	Mild	No dose adjustment	No dose adjustment	eGFR 60-<90 ml/min: No dose adjustment	
Renal impairment	Moderate (Ccr or eGFR 30-60 ml/min)	2 mg	No dose adjustment	half dose	
	Severe (Ccr or eGFR <30 ml/min)	Not recommended	15 mg	starting: 50 mg · max: 100 mg	
	Mild (Child Pugh A)		No dooo adjustment	No dooo adjustment	
Hepatic impairment	Moderate (Child Pugh B)	No dose adjustment	no dose adjustment	No dose adjustment	
	Severe (Child Pugh C)	Not recommended	Not recommended	Not recommended	
Elderly		≥75 years: 2 mg	≥65 years: 15 mg	≥65 years: 100 mg	
Note		治療8周後仍無治療益處 證據的病人應考慮中止治療	NA	對於經過 24 周治療沒有顯示治療效益 證據的病人·應考慮停止治療	

SIMPLE

JAKi	Baricitinib ¹ (Olumiant [®])	Upadacitinib ²	Abrocitinib ³
Metabolism	Kidney Substrate of OAT3	Liver Substrate of CYP3A4 Substrate for P-gp	Liver CYP2C19 (~53%), CYP2C9 (~30%) CYP3A4 (~11%) , CYP2B6 (~6%), OAT3
DDI	Coadministration with OAT3 inhibitors: 2mg	 Use with strong CYP3A4 inhibitor: Use with caution Use with strong CYP3A4 inducers: not recommended 	 Use with CYP2C19 inhibitor: half dose Use with strong CYP inducers: not recommended
Cyclosporine (CYP3A4-, Pgp-)	No adjustment	Coadministration not recommended	No data
Ketoconazole (CYP3A4-)	No adjustment	Dose adjustment	No data
Fluconazole (CYP2C19-, CYP2C9-, CYP3A-)	No adjustment	No data	Abro 增加 155%
Fluvoxamine 抗憂鬱 (CYP2C19-, CYP3A-)	No data	No data	Abro 增加 91%
Rifampin (CYP3A4+, CYP2C in Taiwan	No adjustment	Coadministration not recommended	Abro 減少 56%
Probenecid (OAT3-)	Dose adjustment	No data	Abro 增加 66%

2. Upadacitinib PRESCRIBING INFORMATION. Reference ID: 4478363

3. Abrocitinib TFDA label

Cytochrome P450 enzymes metabolize 90% of drugs²

CYP3A inducers

CYP3A4/2D6/2C9/2C19 inhibitors



Potentially decrease effect of substrates



Potentially increase AE of substrates

健保審字第1120670519號 (自112年4月1日生效)

The stand of the



處方科別



12 歲以上至未滿 18 歲 患者:限皮膚科專科醫 師,或具兒童過敏免疫 風濕專長之兒科專科醫 師處方。



18 歲以上患者:限皮 膚科及風濕免疫科專科 醫師處方。

<u>Rinvoq給付劑量</u>

EASI 16-20: 限用15mg EASI 20以上·旦18歲以上: 每日得使用30mg

經照光治療及其他系統性(全身性)治療無效



慢性中重度之異位性皮膚炎患者

- 1. 病灶持續至少6個月
- 2. Eczema area severity index (EASI) ≧16
- 3. 異位性皮膚炎皮膚紅腫體表面積 (BSA)需≧30%

4. Investigator's Global Assessment (IGA):3~4 ·

至少使用兩種其他系統性(全身性) 治療,分別達12週

يتي والروالي	12-17 歲	18 歲以上
Methotrexate	每週 10 mg	每週 15 mg
Cyclosporin	2.5 mg/kg/d	5 mg/kg/d
Azathioprine	1 mg/kg/d	2 mg/kg/d

<u>續用條件</u>

治療6個月後達EASI 50 可續用

重新申請條件

疾病再復發達50% · 或EASI ≧16